



EUROPEAN  
RESUSCITATION  
COUNCIL

# Annual **REPORT**

[www.erc.edu](http://www.erc.edu)

2024



# List Of Contents

Report of the Chair	03
From the Office of the CEO	04
Governance, Office & Committees	05
ERC Community:	
National Resuscitation Council	09
Sister Organisations	11
Members	12
Business Partners	13
Young ERC	14
ERC Congress	16
Other Events	18
Get Trained Save Lives	20
Advocacy	22
Science & Research	
Epidemiology	24
Researcher Development	24
Research Networks	24
Sharing Science	25

Guidelines	27
ERC Courses	
The Course Directors Day	29
Summary of Participants	30
Top 10 Countries by Participant Numbers	31
Summary of Courses	32
Top 10 Countries by Courses Delivered	33
Courses (Not Using the CoSy Course Management System)	34
Communication	
Social Media	36
Get Trained Save Lives	36
ERC Congress	37
ERC Newsletter	37
Financial Report	39

## Report of the Chair

In 2024, the European Resuscitation Council (ERC) made meaningful progress across education, science, advocacy, governance, and community engagement. More than 363,000 individuals were trained in 58 countries through ERC-certified courses, reaffirming our role as a global leader in resuscitation education. The Course Directors' Day in Vienna and the development of new training formats showcased our commitment to quality, innovation, and inclusivity.

Science, research, and education remained at the heart of our mission. The EuReCa-THREE project concluded with contributions from 28 countries and over 45,000 cases. We made significant contributions to the revised Utstein guidelines and played a leading role in the development of ILCOR's CoSTR 2025.

Young ERC flourished through its Masterclass, publications, and growing involvement in guideline writing groups, ensuring the next generation of leaders is supported and equipped to shape the future of resuscitation.

The ERC Congress 2024 in Athens was a defining moment for our community. It featured nearly 500 scientific abstracts, prestigious Young Investigator Awards, and late-breaking research presentations that highlighted the ERC's global scientific relevance. The Young ERC played a central role through poster moderations, Masterclass forums, and the F.I.R.S.T. competition.

Our communications strategy achieved exceptional outreach, with the #RESUS24 campaign reaching over 5 million people.

The Guidelines 2025 process also made significant progress.



Eleven writing groups, coordinated by a dedicated steering committee, met monthly and included community advisors, survivors, sister organisations, and a Diversity, Equity, and Inclusion (DEI) Task Force, demonstrating ERC's commitment to transparency, co-creation, and equity.

The ERC DEI Committee is a dedicated support committee of the ERC, established at the end of 2024 to guide DEI initiatives across the organisation. This committee consists of seven members from six countries, representing four distinct professional backgrounds. In the early stages of its term, the DEI Committee has contributed to reviewing policies and developing the 2025 Guidelines, which have incorporated DEI principles from the outset. The next steps will focus on outlining the structure of the ERC framework and providing recommendations related to DEI matters. The committee is committed to promoting DEI principles, having done so during the 2024 Resuscitation Congress, with plans to continue these efforts at the 2025 NRC days.

Our advocacy strategy reached new heights. The Get Trained Save Lives campaign engaged millions during UEFA EURO 2024. We launched the AWARE Coalition to enhance workplace readiness, advocated for the inclusion of CPR training in the revised EU Driving Licence Directive, and finalised a Youth Advocacy Toolkit, empowering action at both local and national levels.

Looking ahead, survivorship is emerging as a strategic focus. Our involvement in EU-funded initiatives and post-resuscitation care partnerships signals a shift from saving lives to supporting those who survive.

As leadership transitions, the ERC stands stronger, more united, and with a future-focused outlook. Together, we continue to build a resilient Europe, and beyond, of life-savers.

## The ERC's 5 Years Strategic Plan

The ERC Strategic Plan for 2023 and beyond was developed by the ERC Board based on a series of collaborative sessions and interviews with various stakeholders including co-chairs of the Science and Education Committees, representatives of National Resuscitation Councils as well as Business Partners. External advisors supported the process and provided a systematic methodology.

In this context, a number of key levers have been identified. Without these levers, the implementation of the strategic development lines is at risk. These levers are :

- Define our core values.
- Build a skilled workforce able to drive the strategic focus areas as well as run the day-to-day activities efficiently.
- Define clear processes and policies supported by effective software tools.
- Develop a sustainable business model.

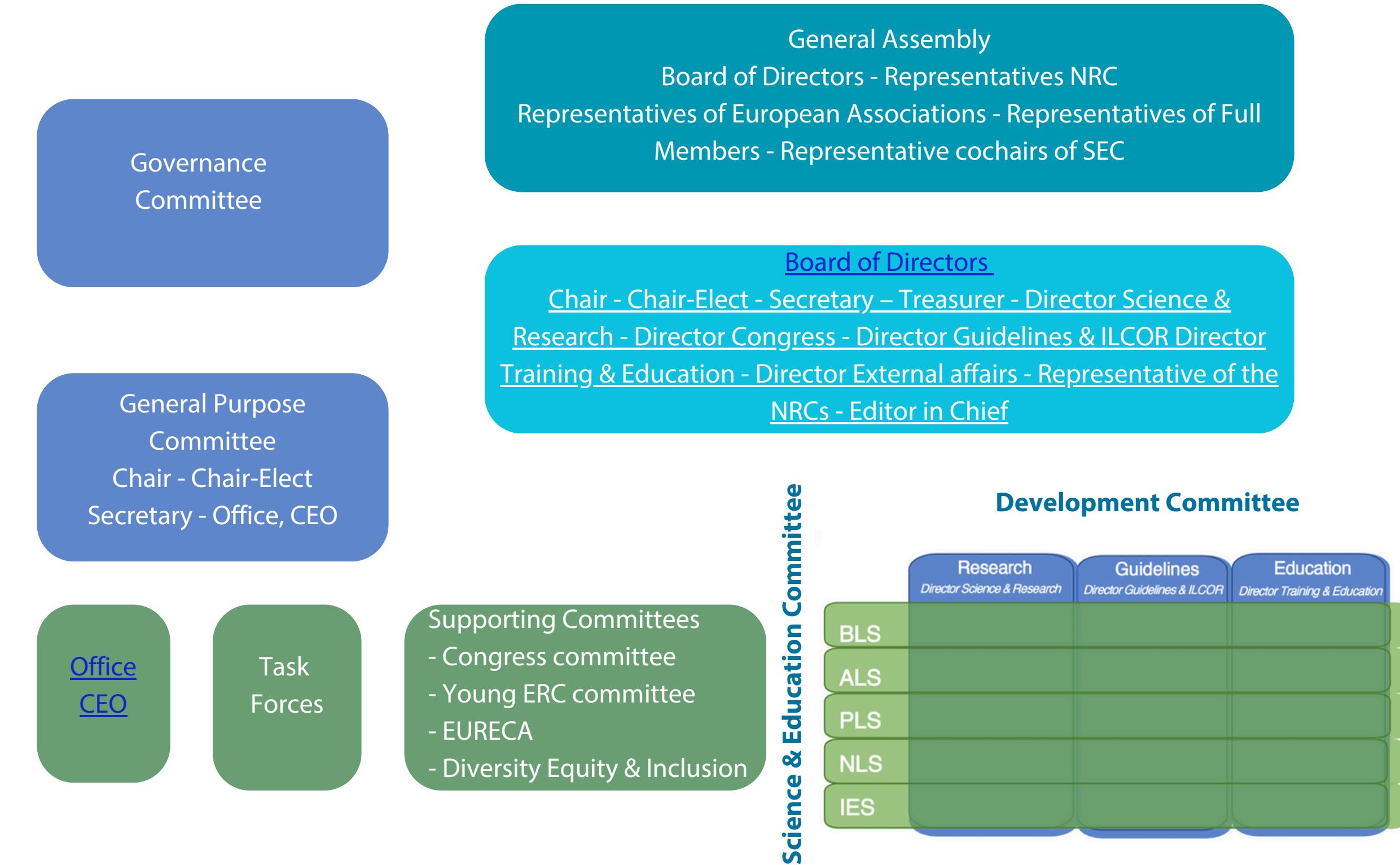
Strategic development lines as well as levers for success have been identified and will drive our organisation in a rapidly changing environment. These development lines are supportive of the chain of survival (Utstein formula).

The following strategic development lines have been identified and a more detailed plan for the period 2024 – 2025 for each development line has been established:

- Develop a high-quality partner relationship management - The ERC is a multidisciplinary organisation. Clarity on what the mutual benefits are in relationship to other medical professionals is key.
- High-quality data and research - Support of collaborative research and the creation of a high-data-quality environment.
- Create outstanding educational processes, materials and support systems - Revision of how to transfer knowledge to professionals and lay people. The use of new technology will be critical to support scalability.
- Clearly define the roles and responsibilities of parties involved in the educational process.
- Be a network organisation bringing the community, ideas and initiatives together - Many parties are actively involved in resuscitation and many good initiatives exist in different pockets. The ERC will be the catalyst and create platforms to share knowledge and best practices.
- Create awareness and involvement through a professional communication strategy - Most lay persons are still not aware of the fact that they can save a life in case of a cardiac arrest. Increased communication and making use of communication channels of large companies and associations will improve awareness.

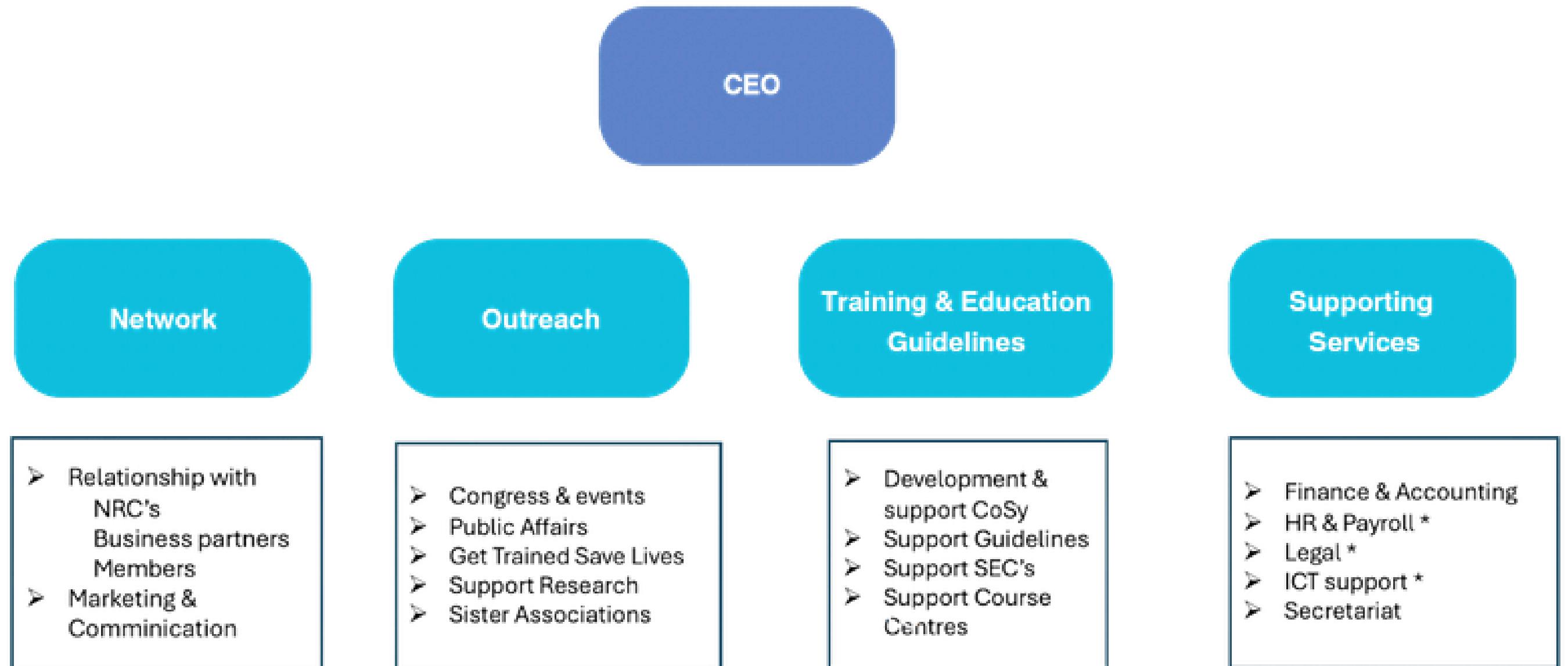


## Governance



- In 2024, the ERC General Assembly convened twice, in June and December.
- In 2024, the ERC Board of Directors held 8 meetings.

## The ERC Office



\* Outsourced

# Governance Committee - Report of Activities 2024

## **Remit**

Good governance implies organisation, leadership, transparency, integrity, decision-making, risk and control, board effectiveness, diversity, openness and accountability are all considered in the Board's everyday activity. These elements are reflected in the activity of the office and organisation as a whole to ensure delivery of the strategic plan. The Governance Committee exists to ensure that the principles of good governance are developed, implemented, monitored and regularly reviewed. It exerts its authority independently by a mandate given by the General Assembly, to which it is accountable.

## **Composition**

The Governance Committee (GC) is composed of 5 to 10 members, appointed by the General Assembly. Current members are Leo Bossaert, Sue Hampshire, Hildigunnur Svavarsdottir, Michael Baubin, Martijn Maas, Charles Deakin, Souhail Alouini. In December 2024 Leo Bossaert stepped back as the Chair of the GC, remaining a member of the committee. After an internal election Sue Hampshire was elected as the new GC-chair, starting in January 2025.

## **Governance Committee governance**

The GC developed a Terms of Reference template which was used to write its own ToR. GC members COI is regularly reviewed and documented.

In 2024 all members actively contributed to 10 virtual and 2 face to face meetings. Meetings are minuted and the notes approved by members at the next meeting. The GC also meets regularly with the Chair of the ERC and the CEO and discusses governance matters throughout the year. The GC Chair attends the Board, and GA as a non-voting independent attendee and other meetings as required.

## **Activities 2024**

- Terms of Reference -Review of ToR for YERC, DEI Committee, EuReCa, SECs and CoCo.
- New committees
  - Advising on the installation of the DEI Committee and its functions.
  - Advising on the installation of a Nomination Committee and its functions.
- Participating in the CoCo.
- Advising on good governance for the 2025 guidelines process.
- Election procedures – Advising on election processes and procedures. Review of applications for Board appointments or extensions, Honorary members and FERCs.
- Complaints procedures –
  - Advising on good practise when dealing with complaints and issues.
  - Advising on processes and procedures for election and/or voting issues.
- COI review – Providing ongoing review of all COI forms and working towards the new electronic COI process.
- Active participation in Articles of Association (AoA) review as members of the AoA Working Group.
- Identifying concerns and finding solutions for governance issues within the ERC.
- Discussion on membership of the GC and election of a new Vice Chair.

## **Plans for 2025**

- Election of new member of the GC.
- Election of GC Vice Chair.
- Active participation within the Articles of Association Working Group to ensure completion of the Articles of Association and then planning the implementation process, including drafting the Internal Rules.
- Advising on the electronic COI process implementation and updating COI policy.
- Assisting with the installation of the Nomination Committee.
- Reviewing systems and processes to ensure good governance.



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# ERC COMMUNITY



# National Resuscitation Council

Within the ERC ecosystem, National Resuscitation Councils (NRCs) play an important role. They represent the ERC in their respective countries, engage in various national and international projects, ensure high-quality CPR courses at national course centres, and contribute daily to increasing survival rates after cardiac arrests.

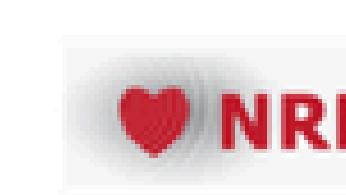
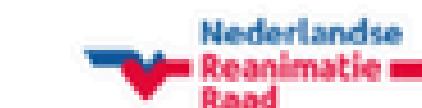
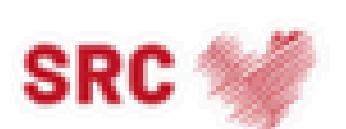
In 2024, the ERC had collaboration agreements with 31 NRCs, including 27 in Europe and 4 outside Europe (Egypt, Sudan, Sri Lanka, and Tunisia).

## Here is an outline of what happened in the year 2024:

- In the first half of 2024 the newly appointed Representative of the NRCs, and the new Network Lead from the ERC Office, conducted a virtual tour of the NRCs. This allowed them to introduce themselves and gain insight into the diverse organisational structures, levels of maturity, and legal requirements of various NRCs. It became clear that NRCs were eager for increased knowledge sharing, information exchange, and collaboration both among themselves and with the ERC.
- The findings from their meetings led to a proposal to the Board and the General Assembly in June for a new initiative: organising the first NRC Days in 2025. This event will span two days of presentations and workshops, bringing together representatives from all NRCs and the ERC to foster collaboration in their shared mission of saving more lives.
- The ERC frequently receives inquiries from organisations interested in becoming NRCs and being recognised as such by the ERC in order to sign an agreement. To provide clarity, the ERC Office created a transparent process outlining the necessary steps, the involved individuals from each party, required information and documentation, the decision-making process, and an associated timeline. This process has been designed to establish a solid foundation for future collaboration and exchange within the ERC network. It was approved by the Governance Committee of the ERC and the ERC Board of Directors in September 2024.
- During the ERC annual Congress in Athens, Şule Akın officially relaunched the tradition of the NRC Meeting. She invited NRC colleagues to an information-sharing evening, followed by an informal networking event featuring drinks and snacks.
- On December 5, a webinar for NRCs and Course Organisers was held, focused on translations.



[About the NRCs](#)



## Sister Associations

The European Resuscitation Council (ERC) is a prominent organisation dedicated to the advancement of resuscitation science & education and to saving more lives by creating a community of life-savers.

By collaborating with its sister organisations the ERC amplifies its impact in the realm of emergency care and life-saving practices.

The sister organisations of the ERC are

- the European Society of Cardiology (ESC)
- the European Society for Emergency Medicine (EuSEM)
- the European Society for Intensive Care Medicine (ESICM)
- the European Society of Anaesthesiology and Intensive Care (ESAIC)
- the International Federation of Red Cross and Red Crescent (IFRC)

This powerful coalition shares a common mission: to foster a global community of life-savers equipped with the knowledge and skills necessary to respond effectively in critical situations. Together, these organisations engage in continuous research, create comprehensive training programs, and launch initiatives aimed at disseminating life-saving techniques across various sectors.

Our collective efforts not only promote awareness but also empower individuals, healthcare professionals, first responders, and communities to take action in emergencies, ultimately leading to a significant increase in survival rates and a more prepared society.



European Society of  
Anaesthesiology and  
Intensive Care



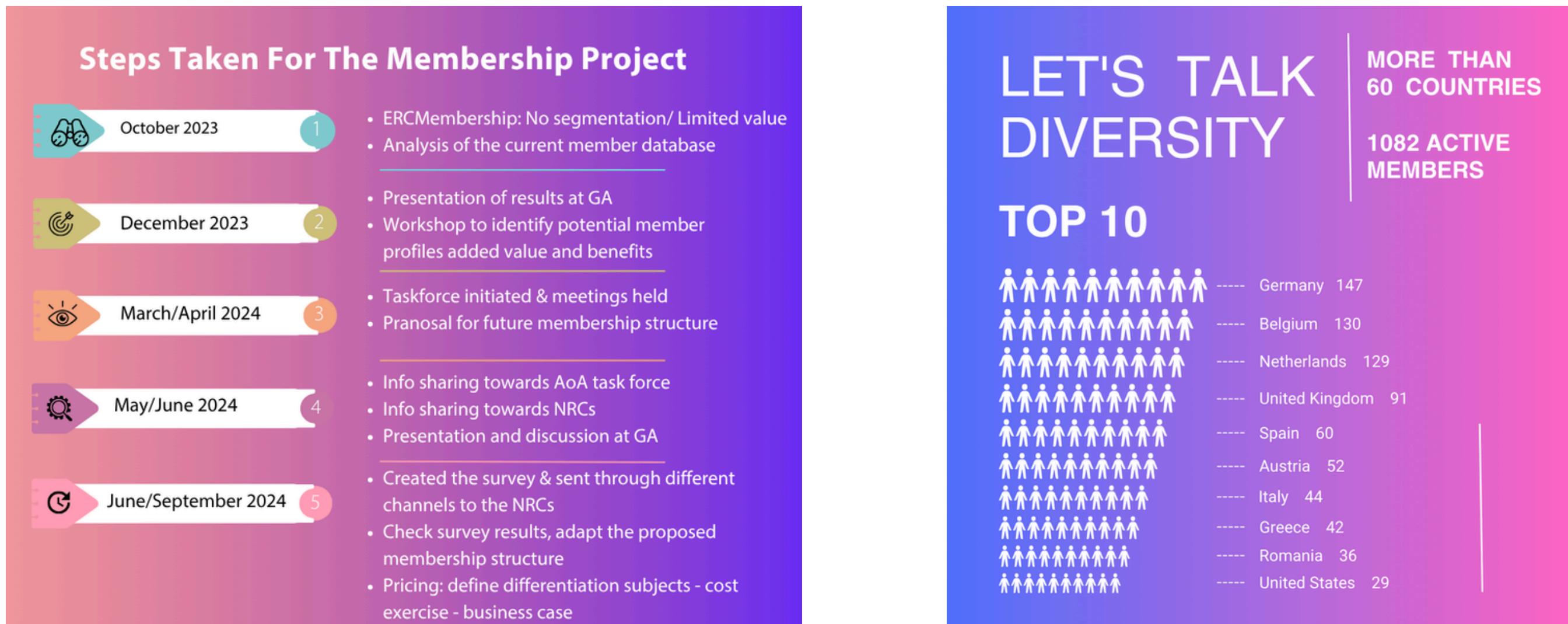
## Members

The number of active ERC members remained stable throughout 2024, maintaining a total of 1082 members.

Following the launch of the membership renewal project during the General Assembly in December 2023, a task force was established to further analyse and propose improvements to the membership program.

The newly proposed membership program is currently under review to attract a wider audience, including both the general public and specialists in the field of resuscitation. Additionally the membership fees will be reviewed to encourage greater participation from specific groups, such as individuals from low-income countries, students, etc. for example.

The membership proposal is currently under review.



## Business Partners

The ERC Business Partners are organisations involved in medical equipment used for various purposes, including resuscitation and teaching CPR skills. This includes devices such as AEDs (automated external defibrillators), chest compressors, and manikins.

- In 2024, the European Resuscitation Council (ERC) engaged its Business Partners to understand their motivations and expectations.
- Meetings were organised to preview the upcoming congress and introduce the Resuscitation Olympics, a game to attract more visitors to their booths.
- Business Partners were also invited to the first International Symposium on Immersive Reality for Resuscitation, co-hosted by the ERC and the Catholic University of Murcia (UCAM) on May 24-25, 2024, in Murcia, Spain.
- To keep partners informed, the ERC started quarterly update emails in October 2024, sharing news on ongoing projects, surveys, and webinars, while allowing partners to suggest ideas.
- During the annual congress, a special meeting for Business Partners allowed Prof. Dr. Koen Monsieurs, the ERC Chair, to express gratitude and introduce his successor, Dr. Federico Semeraro. The ERC CEO and Network Lead reviewed the strategic framework for 2023-2024 and outlined projects planned for 2025.
- On November 1, ERC representatives met Dr. Jungen Zhang from the Zhejiang Medical Doctors Association to discuss collaboration for the Emergency Cardiopulmonary Resuscitation Conference in China, set for March 2025.
- On November 27, Stryker invited an ERC representative to speak at a symposium for Ambulance Service Community First Responders, where insights on the 'Get Trained Save Lives' campaign were shared.



## Young ERC

The Young ERC is a supporting committee of the European Resuscitation Council (ERC) dedicated to fostering the next generation of resuscitation leaders and representing early career members within the ERC. It advocates for their interests and supports their professional development in the field of resuscitation. Young ERC activities include regular newsletter contributions, peer engagement across social media platforms, educational webinars, early career sessions at ERC congresses, and the Young ERC Resuscitation Science Masterclass. The committee also develops new initiatives for early career members and leads the creation of an international early career network within the global resuscitation community.

### Key Activities in 2024

- Onboarding of the 2024–2025 Committee
- Establishment of Young ERC working groups
- Publication of two Young ERC articles in Resuscitation Plus[1, 2]
- Involvement of co-opted Young ERC members in ERC Scientific and Educational Committees
- Design of a new logo and rebranding of the Young ERC
- In-person Committee meeting to develop the 2024–2025 business plan
- Monthly Committee meetings
- Organisation of webinars, including a joint event with the ESAIC Trainee Network
- First Capstone event of the Young ERC Resuscitation Science Masterclass
- Launch of the second edition of the Resuscitation Science Masterclass
- Participation of current and former Committee members in 2025 ERC Guidelines writing groups as mentees and mentee co-leads
- Editorial contributions by the Young ERC Editor at Resuscitation Plus
- Regular contributions to the Young ERC section of the ERC newsletter
- Contribution to the new ERC membership framework through the Membership Task Force
- Active involvement in the ERC Congress 2024 in Athens, including poster moderations, the F.I.R.S.T. competition, Resuscitation Olympic Games, Young ERC Open Meeting, and the first Resuscitation Science Masterclass Forum

### Goals for 2025

- Formalise partnerships with national and international early career groups
- Implement the second Resuscitation Science Masterclass Capstone event
- Launch the third edition of the Resuscitation Science Masterclass
- Initiate the Young ERC Mentorship Project
- Elect the 2026-2027 Young ERC Committee

### Footnote:

[1] Wittig J, Kowalski B, Greif R, Perkins GD, Lauridsen KG, Young European Resuscitation Council C. The Young European Resuscitation Council Resuscitation Science Masterclass - Concept and implementation. *Resusc Plus*. 2024;17:100545.

[2] Bichmann A, Wittig J, Glerup Lauridsen K, Rogers J. The Young European Resuscitation Council – A catalyst for the next generation of the resuscitation community. *Resuscitation Plus*. 2024;19.

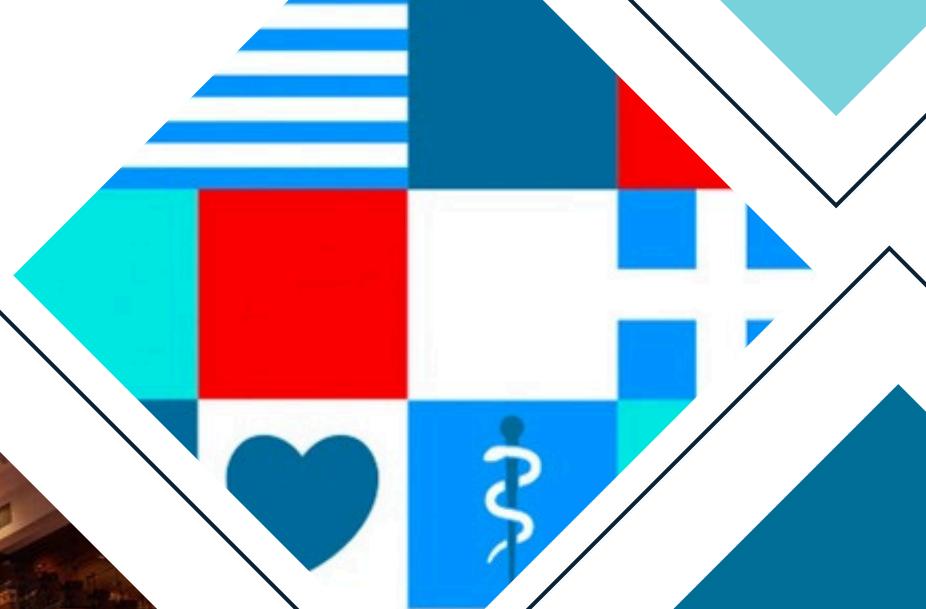


**YOUNG ERC  
RESUSCITATION  
SCIENCE  
MASTERCLASS**



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# Resuscitation 2024 ERC CONGRESS



## RESUS24

The ERC Congress—Resuscitation 2024 was a fully in-person event held in Athens, Greece, from October 31 to November 2, 2024.

### **Key figures**

On the opening day, October 31, the congress welcomed an impressive 1,904 participants, including those attending two local pre-congress events. Representatives from 69 different countries participated in person, with 61 attendees coming from lower-middle-income countries.

Notably, the attendee demographic included 34% physicians, 43% nurses and paramedics—a notable increase—10% students, and 13% other professionals, including exhibitors. This diverse mix of participants contributed to a rich and valuable experience.

During the congress, a significant total of 491 abstracts were accepted and presented, with 481 of these presented in poster format.

### **Innovative Programme**

Congress attendees were captivated by the program presented in innovative formats. They valued the hands-on workshops, interactive learning opportunities, and the ability to practice and refine resuscitation skills.

### **Focus on novel educational approaches:**

- Competitions: Initiatives like Resuscitation Olympic Games, F.I.R.S.T. competition, and "Kids Save Lives" events engaged attendees in a dynamic learning experience.
- Workshops, case-based discussions, debates and roundtables: Practical workshops, simulations, and pro/con debates fostered hands-on and critical thinking approaches as well as encouraged diverse perspectives and interactive learning.

### **Inclusion of survivorship and public involvement:**

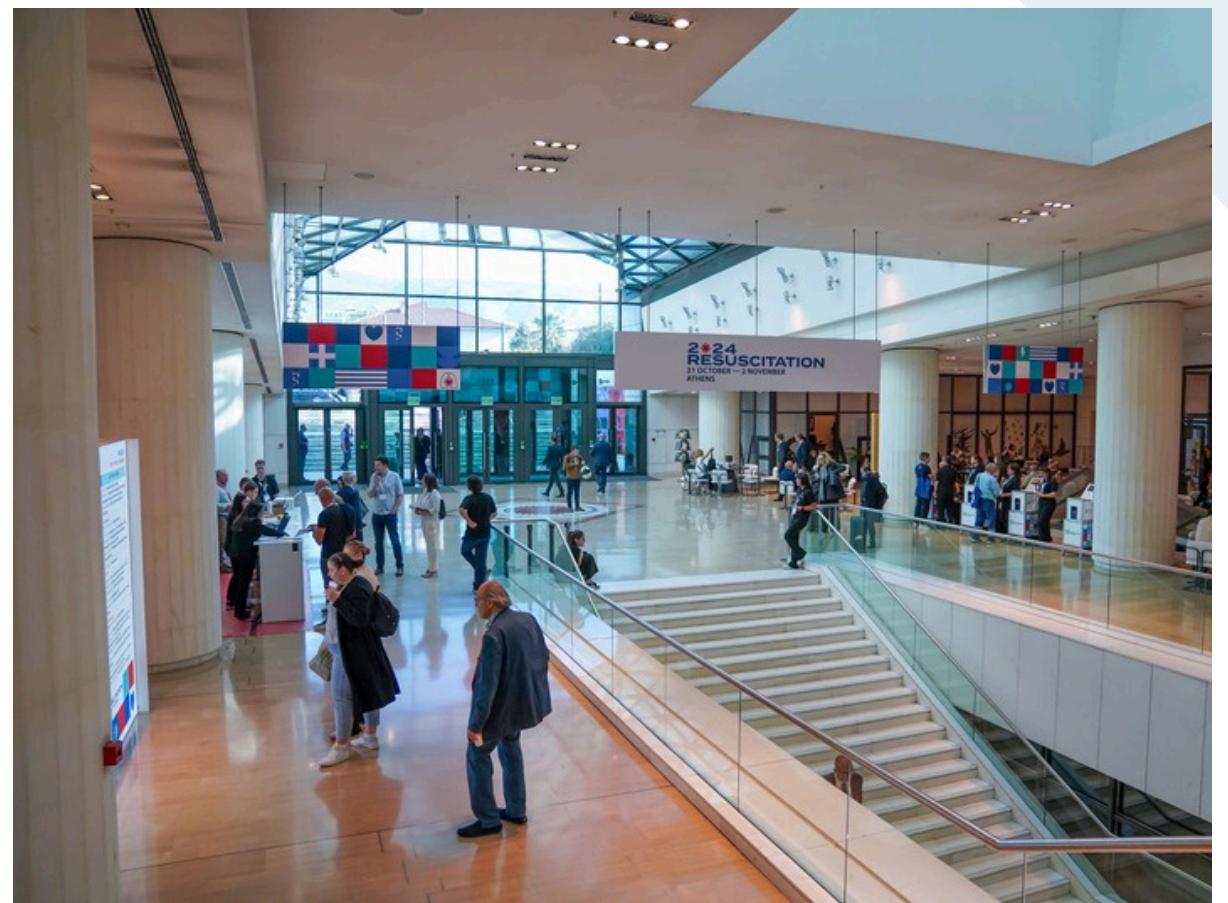
- Discussions included cardiac arrest survivors, emphasising patient perspectives and survivorship topics.
- Public engagement initiatives like the mass GTSL campaign and the Kids Saves Lives initiative.

### **Discussions on Cutting-Edge Topics:**

- Topics such as eCPR, mechanical circulation support, neuromonitoring, and AI-driven personalised medicine were considered innovative.

**2\*24  
RESUSCITATION  
31 OCTOBER — 2 NOVEMBER  
ATHENS**

# RESUS24



## Other events

### CPR Workshops at ESC Congress

The European Resuscitation Council successfully conducted the CPR Workshops during the European Society of Cardiology Congress in London.

Over the course of 4 days, the Team ERC trained more than 500 individuals in both Advanced Life Support (ALS) and Basic Life Support (BLS) skills.

This achievement wouldn't have been possible without the immense support from the Resuscitation Council UK. Their collaboration was crucial in organising and executing these workshops. A heartfelt thank you also goes out to all our dedicated instructors for their hard work, and to the ESC for the opportunity to host these vital sessions.

We would also like to extend our gratitude to our ERC Business Partners, Laerdal Medical and ZOLL Medical, for their essential support in providing the equipment that made these workshops a reality.

Together, we are making a difference in saving lives!



### International Symposium on Immersive Reality for Resuscitation

Another milestone has been achieved by the ERC with the organisation of the 1st International Symposium on Immersive Reality for Resuscitation, held at UCAM in collaboration with the Universidad Católica de Murcia in Murcia, Spain, on May 24 and 25.

Participants learned about and experienced the potential of immersive reality in resuscitation through the use of MetaQuest Pro VR glasses. Welcome to Murcia!

We would like to extend our gratitude to everyone involved, as this event would not have been possible without your support.





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# GTSL CAMPAIGN

GET  
TRAINED  
SAVE  
LIVES



## Get Trained Save Lives

In 2024, the Get Trained Save Lives (GTSL) campaign took momentum with the European Champions League and reached a major milestone by being present at the UEFA European Football Championship in Germany.

Throughout the tournament, 10 Get Trained Save Lives booths were active in the fan zones of all host cities. These booths provided football fans and visitors with the opportunity to learn essential CPR skills through hands-on training. By bringing CPR training directly to the public, we made life-saving knowledge more tangible and approachable, ensuring that thousands of visitors left better prepared to act in the event of a sudden cardiac arrest.

The campaign aimed not only to raise awareness about sudden cardiac arrest and the importance of bystander intervention but also to demonstrate how simple it can be to learn basic resuscitation skills. Beyond the booths themselves, the initiative was supported by a broad communication strategy. Through in-stadium promotions, television commercials, dedicated social media campaigns, and the [Get-Trained.com](https://Get-Trained.com) platform, we amplified our message and significantly increased our reach throughout Europe and beyond.

Around 40000 people trained during the Men's Euro, and the campaign reached around 4 million people online.

With the momentum generated in 2024, we are now preparing for our next major project: Get Trained Save Lives at the UEFA Women's EURO 2025 in Switzerland.

The ERC developed the 'Go and Save a Life - GOAL' course to take the GTSL campaign further with the NRCs, and a total of 224 courses have been given to the participants through different NRCs.

Through initiatives like these, the European Resuscitation Council continues to move closer to a future where more citizens have the confidence and skills to intervene during a cardiac emergency — because every trained bystander brings us one step closer to saving more lives.





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# ERC ADVOCACY



ALIANCE FOR WORKPLACE AWARENESS AND  
RESPONSE TO EMERGENCIES



## Advocacy

In 2024, the ERC took important steps to advance the advocacy work, aiming to increase survival rates from sudden cardiac arrest (SCA) across Europe. Beyond raising awareness, we are committed to driving policy changes that equip more people to act when it matters most.

### Launch of the AWARE Coalition

A major highlight was the creation of the Alliance for Workplace Awareness and Response to Emergencies (AWARE). Led by the ERC and supported by several members and supporting organisations, AWARE's goal is to ensure workplaces are better prepared for sudden cardiac arrest, with more access to AEDs and CPR training. We are calling for an update of the EU Health and Safety at Work Framework Directive to reflect modern emergency preparedness needs. The initiative officially launched at the European Parliament in January 2025, where policymakers, experts, and advocates came together to push for stronger workplace standards.

### Youth Advocacy and Toolkit

The ERC also placed a strong emphasis on youth engagement by developing a new Toolkit for Youth CPR Education Initiatives. This resource is designed to support National Resuscitation Councils (NRCs) in promoting local advocacy efforts, offering good practices and practical strategies to advance CPR education among young people. The toolkit, which will officially launch in 2025 aims to empower a new generation of confident life-savers across Europe.

### Advocacy on the Driving Licence Directive

Throughout the year, we continued advocating for the inclusion of mandatory CPR training in the revision of the European Driving Licence Directive. We engaged with policymakers and submitted our recommendations, emphasizing how simple training for new drivers could significantly improve bystander intervention rates.

### Continued Work in the EACH Coalition

We continued our active involvement in the European Alliance for Cardiovascular Health (EACH), working closely with partner organisations to keep sudden cardiac arrest on the EU health agenda and support broader cardiovascular health improvements.

### Looking Ahead

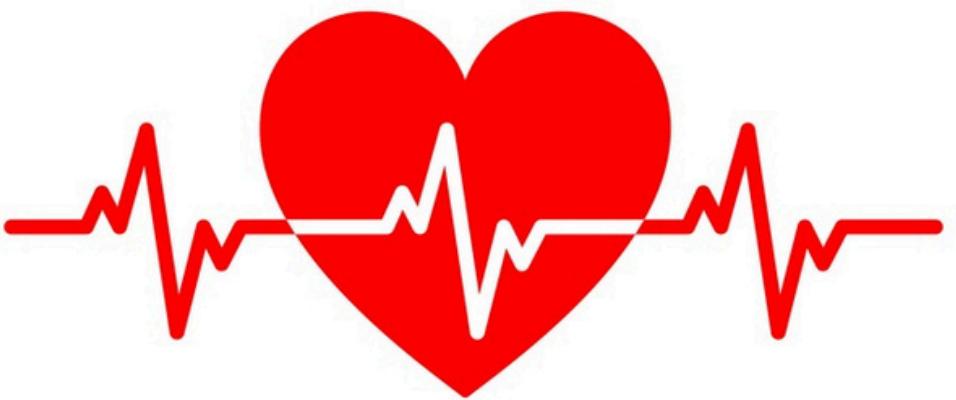
In 2025, we aim to build on this year's momentum. Expanding the AWARE coalition will be a key priority as we continue advocating for stronger workplace emergency preparedness across Europe. At the same time, we look forward to launching the Youth CPR Advocacy Toolkit. Our efforts to include mandatory CPR training in the revised Driving Licence Directive will remain high on the agenda. We believe this simple addition could have a major impact by equipping more citizens with the skills to save lives.

Through focused advocacy, partnerships, and education, we are committed to creating a Europe where more people are ready and able to act when it matters most.



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# Science & **RESEARCH**



## Science & Research

Research is the first link in the formula of survival – that is why the ERC's vision for science is to make high-quality science available to all. The science strategy is delivered through four themes (i) epidemiology (ii) researcher development (iii) researcher networks (iv) sharing science.

### Epidemiology

The European Registry for Cardiac Arrest (EuReCa)-THREE project is in the final stages with submission for publication due imminently. The project saw contributions from 28 countries reporting close to 50,000 cardiac arrests between September and November 2022. A huge thank-you to all involved.

The Global Out of Hospital Cardiac Arrest Registries (GOHCAR) met in Vietnam to further evolve collaborations between Europe and regional registries from around the world. A summary of the group's ambition is available at [Resuscitation Plus](#).

The ERC / EuReCa collaborators made a substantial contribution to the update of the Utstein international standards for cardiac arrest (co-leads JT Grasner, J Bray) published in [Resuscitation](#).

As work continues on the 2025 Epidemiology section for Guidelines 2025, it is timely to reflect on the impact and reach of the 2021 Epidemiology chapter, which notes an impressive 404 citations (Scopus) placing it in the 99<sup>th</sup> percentile for citations relative to similar documents.

### Researcher Development

We were delighted to celebrate the first capstone event for the [Young ERC Masterclass](#) Programme in Graz in July 2024. A summary of the meeting is captured in this short [video](#). The second cohort is now up and running and recruitment to the third cohort is in progress.

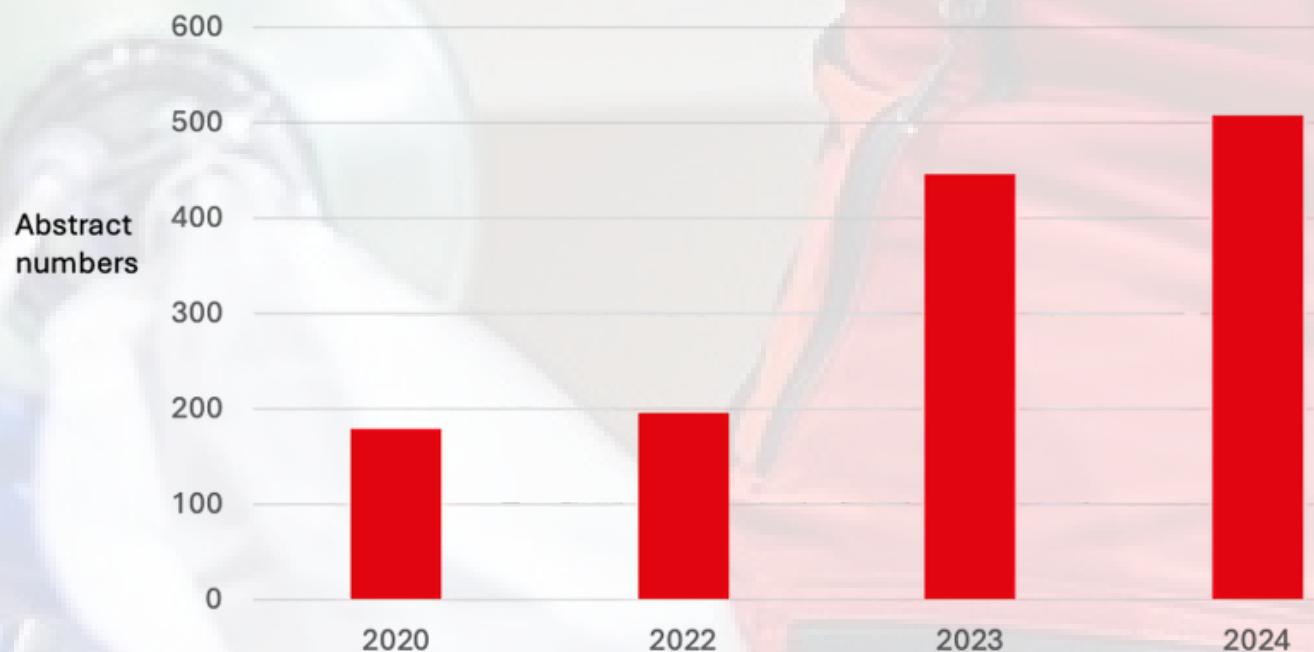
Kasper Lauridsen completed his term as the inaugural Young ERC Editor and we are in the process of recruiting a new Young ERC Editor.

### Research Networks

ERC was pleased to collaborate on two EU Horizon funding applications (E-CPR and post-cardiac arrest survivor syndrome). Although ultimately unsuccessful in this round of funding the connections established will prove valuable as we strive to move science forwards in these spaces.

## Sharing Science

We are delighted to see the continued growth in submissions to our scientific congress. For 2024 we welcomed 491 abstracts, 5 Best of the Best abstracts and 4 Young Investigator awards. Congratulations to our winners Sofie Have Kjærholm, Georgios Mavrovounis, Daria De Giorgio and Pin Pin Pek.



We were pleased to host the late breaking science presentations from the IVIO and PARAMEDIC3 investigators along with the lead investigator from the previously published VICTOR trial. It was fantastic to see the simultaneous publication of this research by the New England Journal of Medicine.





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# ERC GUIDELINES



## ILCOR

### IILCOR Meeting 2024, Taipei, Taiwan

ERC Task Force members attended this meeting to finalise the ILCOR CoSTR 2025 publication. The ERC supported its members financially and the travel bursaries for members from low-resource settings. The General Assembly of ILCOR elected at that meeting Joyce Young (UK) as the Honorable Secretary of ILCOR, which reinforces the ERC's strong position in ILCOR.

#### ILCOR initiative to improve IHCA

Therese Djärv (Sweden) was appointed as the lead of that project, and four ERC members are part of the steering committee. The first steps of a development plan were discussed at an in-person meeting in Taipei, followed by virtual meetings.

#### ILCOR Task Forces and Committees

Out of the six ILCOR Task Forces, two Task Forces had the ERC chair, and the other two had the ERC vice-chair as Task Force members. Additionally, 31.2% of all Task Force members are from the ERC. This highlights the significant support of the ERC in developing the CoSTR 2025, which will serve as the foundation for the ERC Guidelines 2025.

## GUIDELINES

## The ERC Guidelines 2025 Process

#### The Steering Committee

- The ERC held monthly meetings to guide the process led by the Project Manager Guidelines 2025.
- An open application was published to form the Guideline Writing Groups, including more than a fifth of all members from the Young ERC, to develop the faculty for future guidelines.
- The ERC also handled the Conflict of Interest and non-disclosure agreement process.
- The ERC initiated the publication of the mock chapter of the guidelines and advising documents for the process.
- Invitations were sent to the ERC "sister" organisations and community advisors to include in each writing group to participate in the ERC Guidelines 2025.
- The ERC established a Diversity, Equity, and Inclusion Task Force and began collaborating with professional graphic designers.

#### Writing Groups

All 11 writing groups met at least once a month virtually to prepare the evidence for the Guidelines writing process at the beginning of 2025. Issued the scope documents and provided updates on the work to the steering committee and during coordination webinars.



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# ERC COURSES



## Course Directors Day

On the 11th of April 2024, the Course Directors Day was successfully held at the NH Vienna Airport Hotel in Vienna. The event began at 10:00 with a warm welcome, followed by a brief plenary session introducing the objectives of the day, summarising the developments from the previous year, and outlining the agenda.

The breakout sessions featured engaging and productive discussions on several key topics, including:

- Priorities for the upcoming year in the NLS programme
- Enhancements to ERC course offerings to better meet training needs
- Strategies to attract more lay responders, including possible solutions and actionable steps
- The creation of an online space for educators to share materials, engage in discussions and support each other
- Feasibility of developing a 1.5-hour bystander CPR course
- Brainstorming sessions that generated valuable insights across various topic areas and course types
- Review of the recertification process and continuous assessment practices
- Presence in different countries and the importance of quality management
- The benefits and challenges of traditional feedback methods versus learning conversations
- Approaches to teaching skills, emphasising a staged and tailored methodology

The day concluded with an open Q&A session, giving participants a chance to reflect, seek clarification, and pose final questions. Attendees left with a strong sense of progress and alignment, looking forward to continued developments at Course Directors Day 2025.



## Summary of Participants

### (As per Courses Based on the ERC Guidelines Using the CoSy Course Management System)

In 2024, the ERC trained a total of 363929 participants through its various courses, showing continued growth and a strong impact on emergency response education across Europe and beyond. The breakdown below highlights the number of participants per course type, as well as the countries with the highest engagement.

## Course Types vs Participants

Advanced Life Support (ALS): 25,609  
Basic Instructor Course (BIC): 6,380  
Basic Instructor Course 2 (BIC2): 906  
Basic Life Support (BLS): 249,907  
BLS Introduction Course (BLS-intro-I): 65  
Educational Instructor Day (EID): 5,205  
European Paediatric Advanced Life Support (EPALS): 8,918  
European Paediatric Immediate Life Support (EPILS): 3,442  
European Trauma Course (ETC): 2,805  
Generic Instructor Course (GIC): 2,060  
Immediate Life Support (ILS): 31,672  
Neonatal Life Support (NLS): 5,613  
Paediatric Basic Life Support (PBLS): 21,315  
Refresher ALS (RS-ALS): 25  
Refresher BLS (RS-BLS): 7

ERC courses were conducted in 58 countries, reaching participants in diverse regions worldwide. The largest number of participants was recorded in the Netherlands, Spain, and Greece, showcasing the high demand and widespread impact of ERC's educational programs.

These figures illustrate the commitment of ERC to providing essential life-saving skills and training globally, contributing significantly to improving emergency response capabilities worldwide.

## Top 10 Countries by Participant Numbers (As per CoSy)



## Summary of Seats (As per CoSy)

In 2024, the ERC organised a wide array of courses across more than 50 countries, affirming its global role in emergency response education. A total of **198874** seats were purchased, resulting in revenue of **€2.373.345,80**.

ERC courses were conducted in over 50 countries, underscoring the broad reach and critical importance of its educational efforts. The sustained engagement reflects the organisation's success in promoting emergency preparedness and life-saving knowledge across the globe.

### The Top Countries with the Highest Number of Seats Purchased



SPAIN



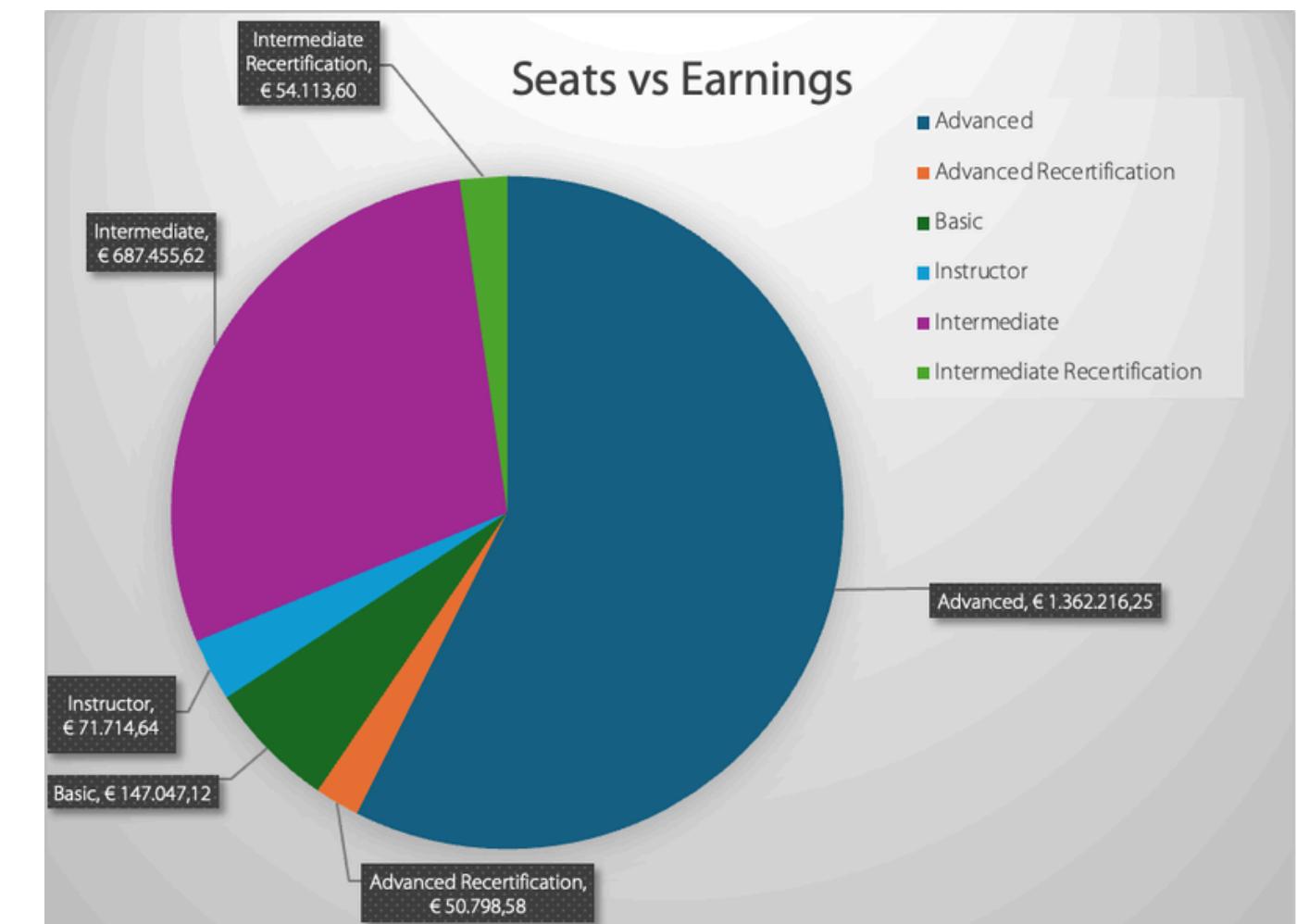
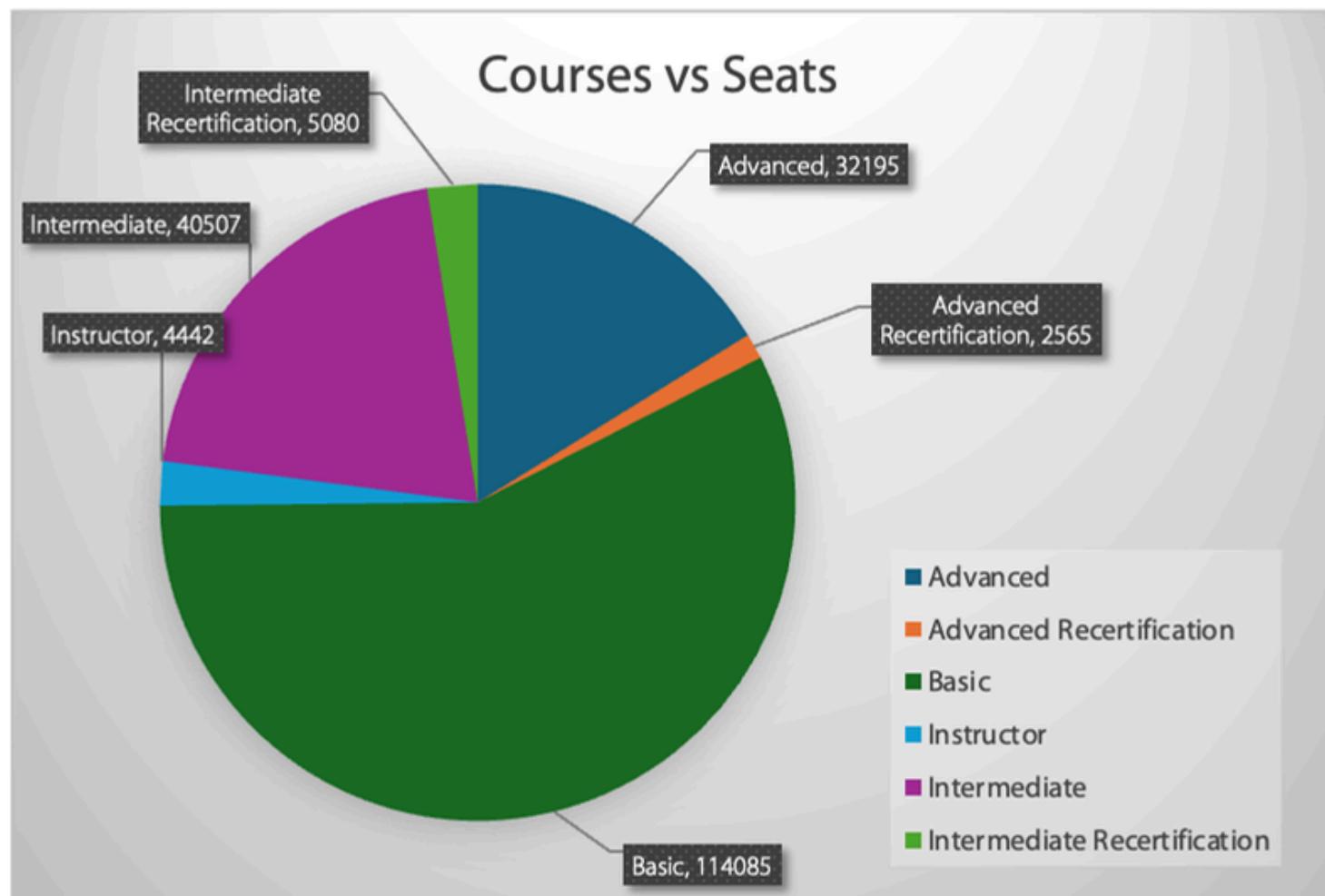
GREECE



QATAR

## Breakdown by Seat Types (As per CoSy)

- Advanced: 32195 seats sold, generating €1.362.216,25
- Advanced Recertification: 2565 seats sold, generating €50.798,58
- Basic: 114085 seats sold, generating €147.047,12
- Instructor: 4442 seats sold, generating €71.714,64
- Intermediate: 40507 seats sold, generating €687.455,62
- Intermediate Recertification: 5080 seats sold, generating €54.113,60



## Summary of Courses

### (As per Courses Based on the ERC Guidelines Using the CoSy Course Management System)

In 2024, the ERC delivered a total of 45033 courses across 59 countries, reaffirming its role as a leading provider of emergency care education. The courses span a wide spectrum of specialities, ranging from foundational life support to advanced and instructor-level training

This diversity in training offerings ensures that ERC continues to meet the evolving needs of healthcare providers across all levels of expertise.

## Breakdown by Number of Courses

Advanced Life Support (ALS): 1,810  
Basic Instructor Course (BIC): 1,111  
Basic Instructor Course 2 (BIC2): 210  
Basic Life Support (BLS): 33,924  
BLS Introduction Course I (BLS-intro-I): 8  
Educational Instructor Day (EID): 141  
European Pediatric Advanced Life Support (EPALS): 550  
European Pediatric Immediate Life Support (EPILS): 327  
European Trauma Course (ETC): 185  
Generic Instructor Course (GIC): 122  
GO and Save a Life (GOAL): 224  
Immediate Life Support (ILS): 2,483  
Neonatal Life Support (NLS): 317  
Pediatric Basic Life Support (PBLS): 3,615  
Refresher ALS (RS-ALS): 3  
Refresher BLS (RS-BLS): 3

The highest course activity was recorded in the Netherlands, with more than 30% of all ERC courses delivered there. Spain and Greece also showed strong engagement, reflecting continued investment in high-quality emergency training.

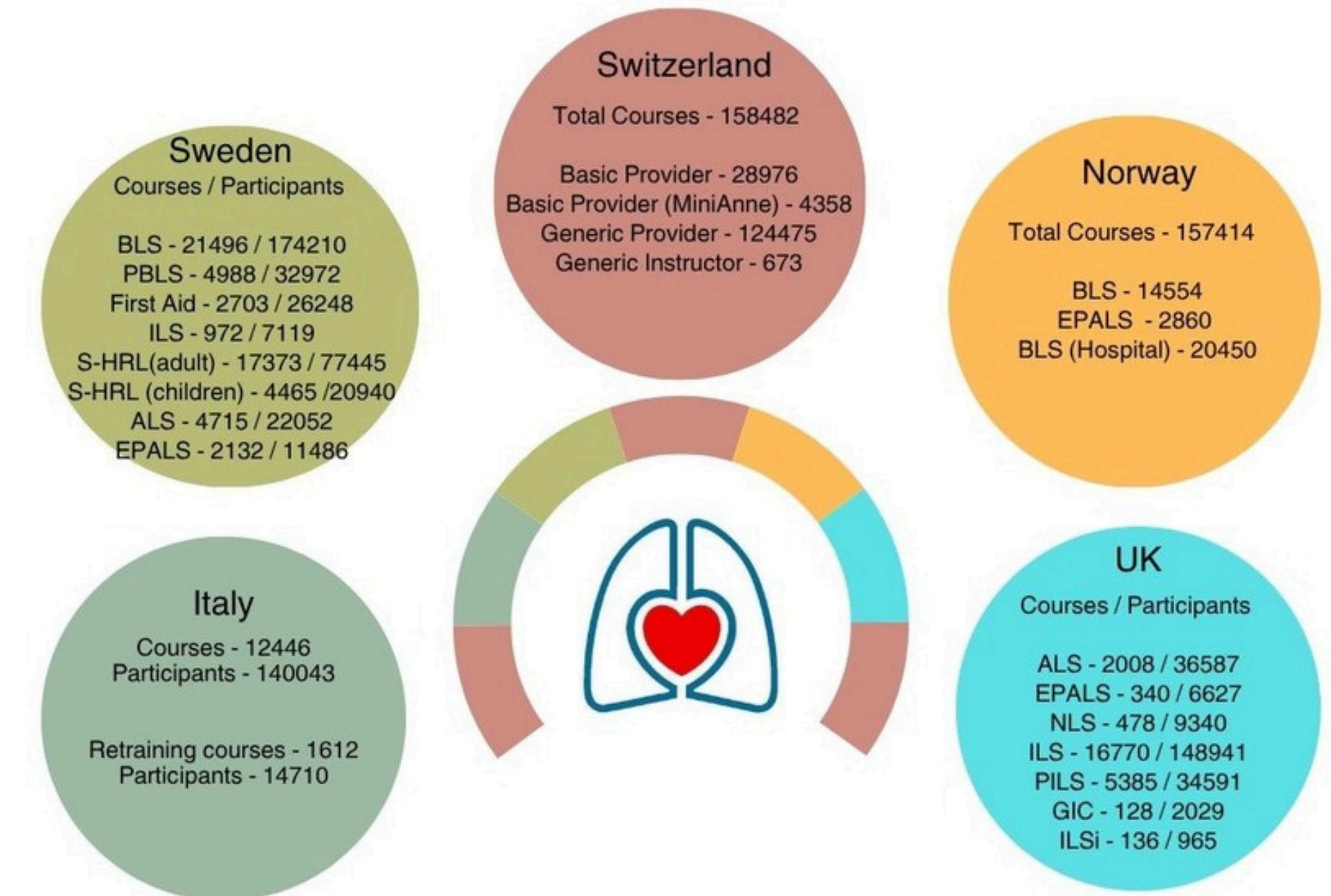
ERC's broad course portfolio and extensive international reach in 2024 showcase its dedication to saving lives through standardized and accessible education in resuscitation and emergency care.

## Top 10 Countries by Courses Delivered (As per CoSy)



## Courses Based on the ERC Guidelines But Not Using the CoSy Course Management System

**Not in all locations or counties, the CoSy system is used to administer courses. However, the courses are based on the ERC Guidelines and are to be considered within the ERC “impact” sphere. The Italy, Norway, Sweden & Switzerland (partially in CoSy), and the UK are just a few examples.**



\*S-HRL(adult) & S-HRL (children) are the special course in Sweden.



EUROPEAN  
RESUSCITATION  
COUNCIL

# ERC COMMUNICATION



## Social Media

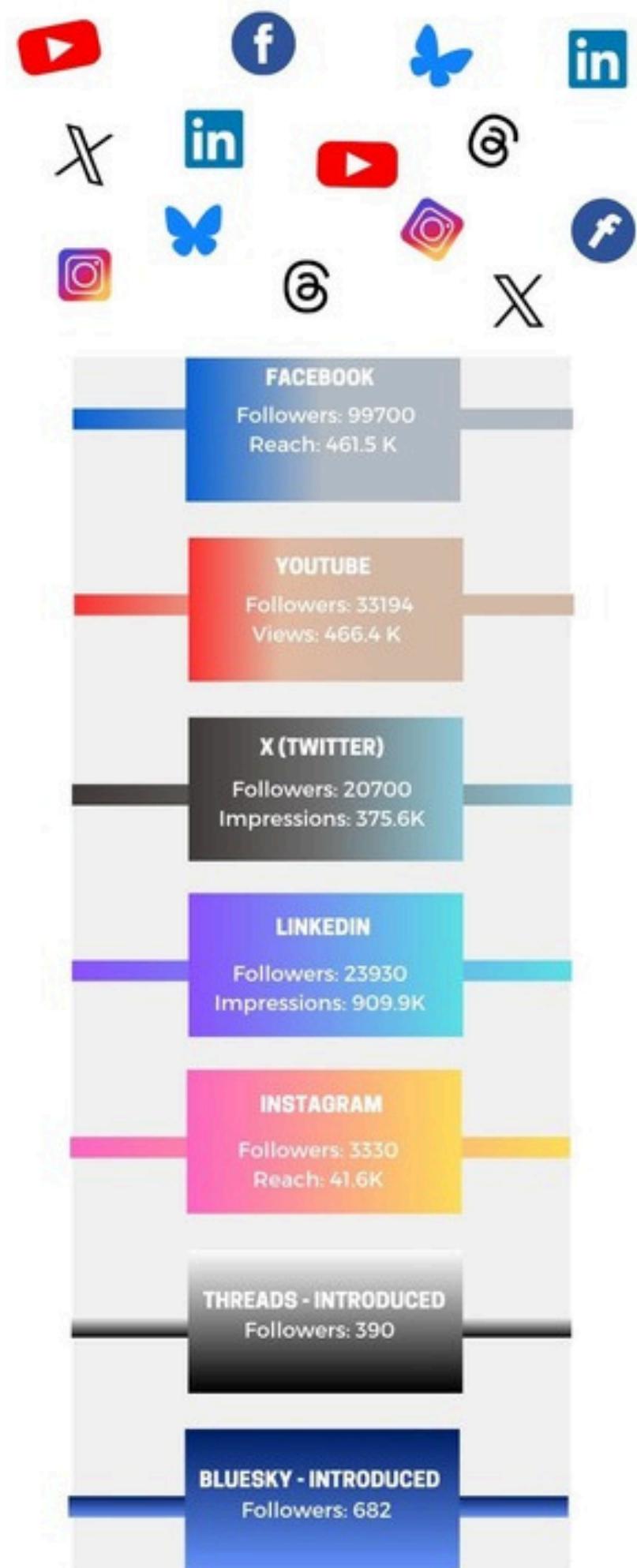
In 2024, the European Resuscitation Council successfully executed and channelised many collaborative campaigns through its social media channels. The ERC has organically gained a significant number of followers on all social media channels, but LinkedIn has performed exceptionally well, gaining almost 10,000 followers this year.

In the past year, the ERC developed communication plans and strategies that have helped its social media reach approximately 2.2 million people. To align with recent trends and target a new segment of social media users, the ERC was introduced to BlueSky and Threads in 2024.

## Get Trained Save Lives Campaign

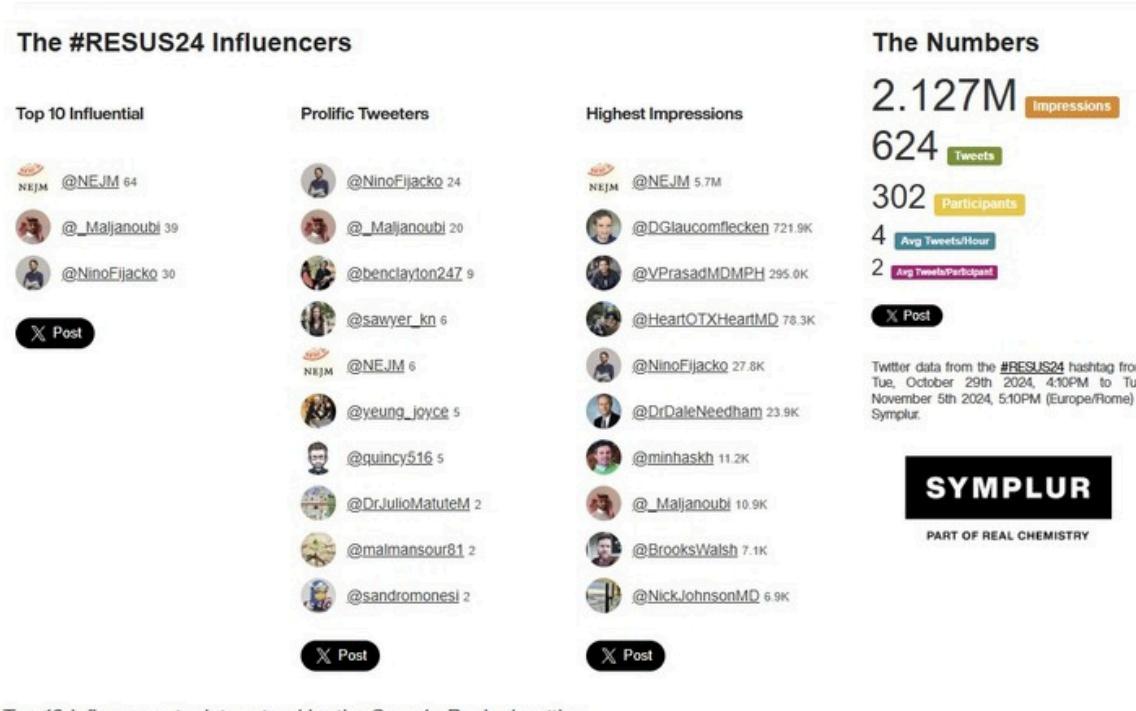
Get Trained Save Lives is one of the most celebrated campaigns ERC has run together with UEFA to spread the basic knowledge of CPR among football fans.

While the onsite training campaign with hands-on training created a buzz at major football tournaments, including the UEFA European Football Championship in Germany, the online campaign reached approximately 1.1 million people only through the ERC Social Media Channels and the ERC website.

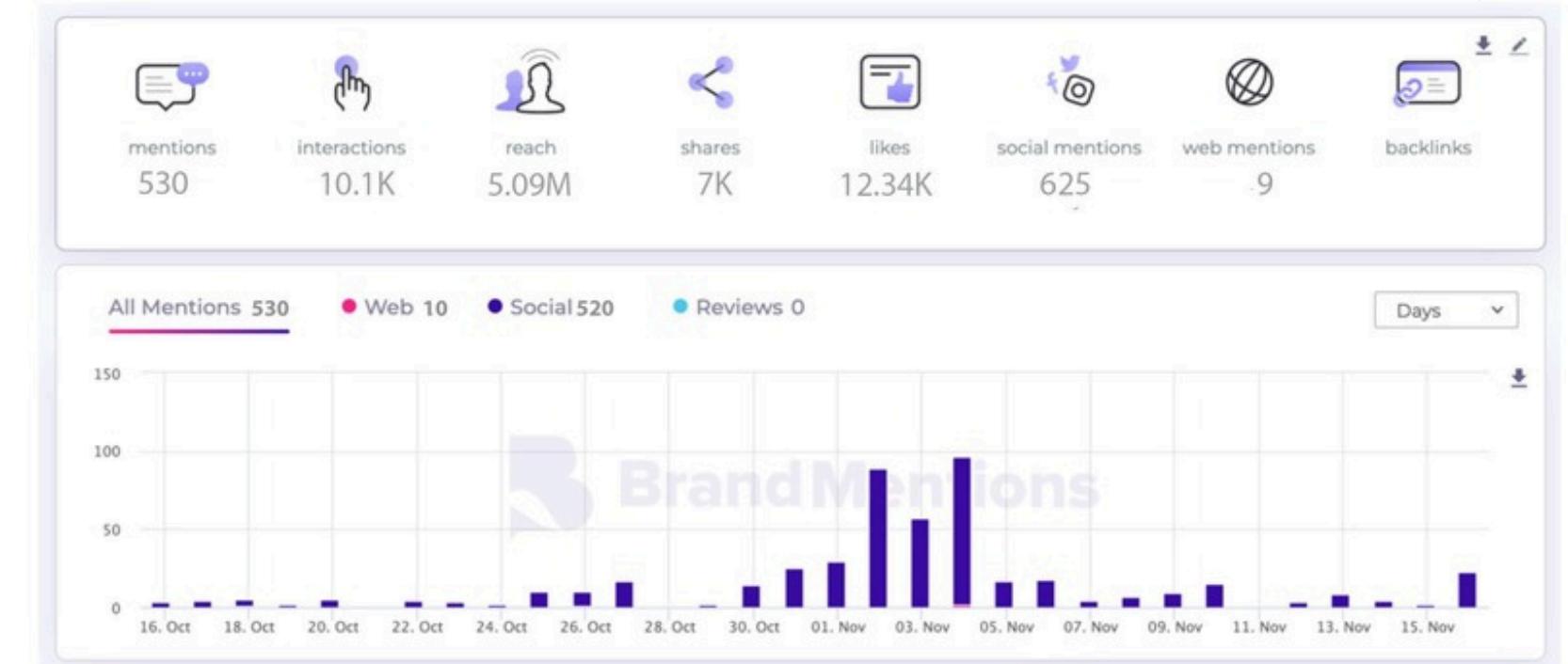
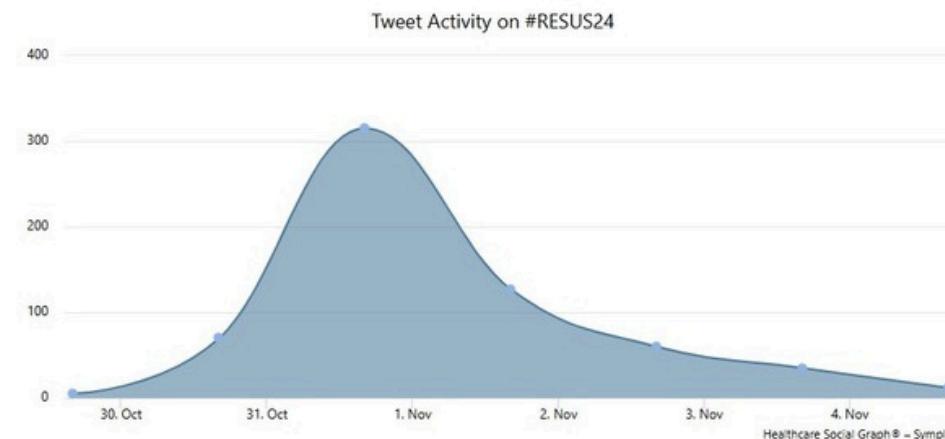


## ERC Congress

A customised communication plan for the ERC Annual Congress - Resuscitation 2024 was effectively executed, leading to impressive outreach results. The hashtag #RESUS24 successfully reached over 5 million individuals through the ERC website and social media channels while also achieving an additional reach of more than 2 million people exclusively via the X platform. These results highlight the effectiveness of our communication strategy and provide valuable insights for future initiatives.



Top 10 Influencers is determined by the SymplurRank algorithm.



## ERC Newsletter

In 2024, the ERC relaunched its general newsletter, intending to disseminate it every two months. A total of five newsletters were distributed throughout the year, reaching more than 300,000 readers.



The ERC Newsletter



EUROPEAN  
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# Financial REPORT

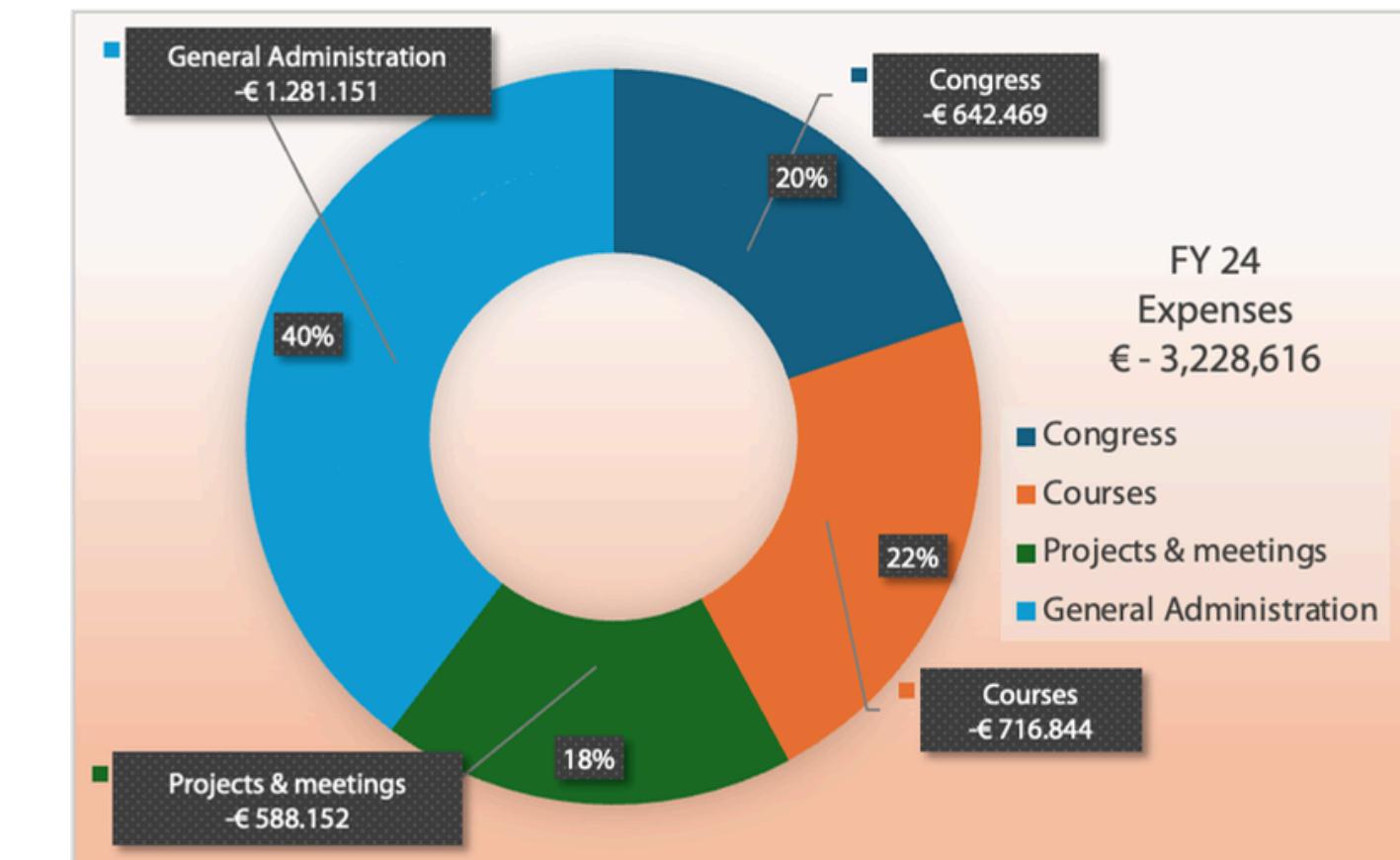
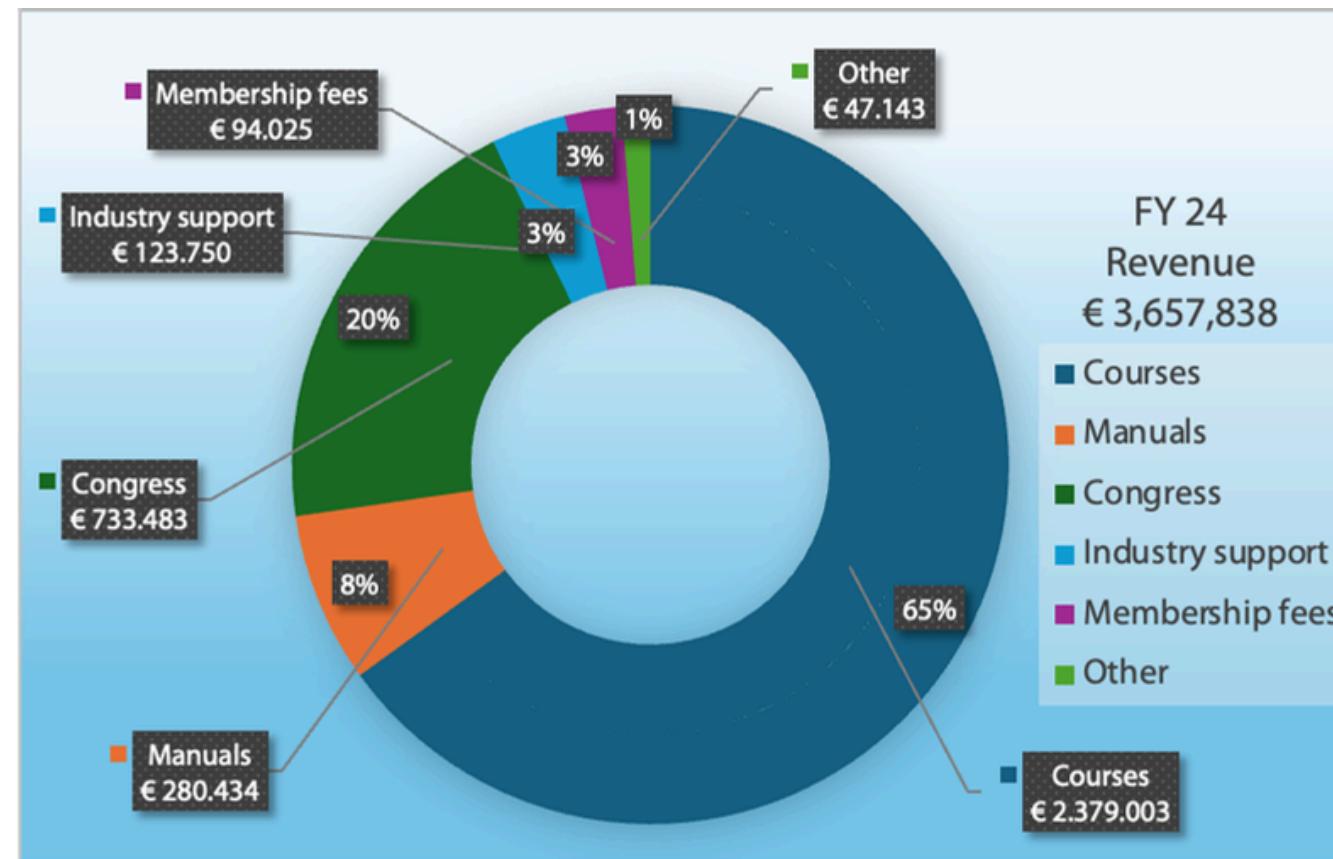


## Treasurer's Report

The European Resuscitation Council is a registered entity in Belgium and prepares the accounts in accordance with Belgian GAAP (Generally Accepted Accounting Principles). The annual accounts are certified by the Statutory Auditor and filed accordingly in the Belgian register.

**Revenue:** Compared to 2023, the revenue from courses increased by 9%, and membership fees by 23% whereas income from congress decreased by 16%.

**Expense:** On the cost side, we saw an increase in costs for projects and meetings of 45%. To build a professional and skilled office team, the general administrative expenses increased by 27%.





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